

Men's Shed at the Port Moody Station Museum

Men's Shed is an organization that promotes men's health which began in Australia in the mid 1990's. It has spread to Ireland, Canada and the United States.

The City's Age Friendly study identified the benefits and possibility of creating a Men's Shed at the Port Moody Station Museum.

The Port Moody Heritage Society (PMHS), who own and operate the Port Moody Station Museum (PMSM) agree and feel it would be a win-win situation. The Men's Shed would provide the benefits for men's health while providing volunteers to help with odd jobs and maintenance at the Museum with benefits for the community.

The Men's Shed would be setup as its own society and operate separately from the Museum administration. They would have the use of 'Charlie's Shop', the self-standing building on the westside of the site for the shed work area; Men's Shed would have shared use of the railcar Venosta as a lunch area. This would be detailed as well as termination options in an agreement between both parties.

PMHS has applied for a grant for the setup and initial start-up costs: Service Canada New Horizons for Seniors (NHS). On-going costs would be borne by the Men's Shed except electricity. Men's Shed would have the use of the building at no charge.

Charlie's Shop would become the Men's Shed work area. It has a concrete floor and has electrical supply. It does not have water or sewer connections and these are not considered. Modifications to the building would be upgrading windows, doors and insulation. Setting up the work area is also included in the NHS grant application.

Timing of the project: Setup would begin in the New Year and the Shed to be operational by March 31, 2021. It is hoped to have Council approval by the first meeting in January 2021. Covid protocols would be adhered to.

The Coquitlam Men's Shed would assist and support the creation of a Port Moody Men's Shed.