



# City of Port Moody

## Report/Recommendation to Council

Date: June 22, 2020  
Submitted by: Planning and Development Department – Policy Planning Division  
Subject: Age-Friendly Assessment and Action Plan 2020-2030

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### Purpose

To seek Council endorsement of Port Moody's Age-Friendly Assessment and Action Plan.

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### Recommended Resolution(s)

**THAT the Age-Friendly Assessment and Action Plan be endorsed as recommended in the report dated June 22, 2020 from the Planning and Development Department – Policy Planning Division regarding the Age-Friendly Assessment and Action Plan 2020-2030;**

**AND THAT the City seek formal recognition as an Age-Friendly British Columbia (AFBC) community.**

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### Background

At the November 13, 2018 Regular Council Meeting, Council passed the following resolution:

#### RC18/573

THAT the submission of a UBCM Age-friendly Communities Grant application for \$25,000 for Stream 1 Age-friendly Assessments, Action Plans, and Planning Grant in support of an Age-friendly Assessment be authorized as recommended in the memo dated October 31, 2018 from the Community Services Department regarding UBCM Age-friendly Community Grant Application;

AND THAT the City provide overall grant management and pay for staff costs to meet the grant obligations.

In early 2019, the Union of British Columbia Municipalities (UBCM) awarded Port Moody a \$25,000 grant to prepare the Port Moody Age-Friendly Assessment and Action Plan (**Attachment 1**).

### Discussion

The Age-Friendly Cities movement was initiated by the World Health Organization (WHO) in 2007 to encourage communities to optimize the health, participation, and security of older adults by adapting structures and services to increase accessibility and inclusion throughout the

course of aging. The Global Age-Friendly Cities Project conducted by the WHO identified the most important domains for healthy aging in place as:

- outdoor spaces and public buildings;
- transportation;
- housing;
- social participation;
- respect and social inclusion;
- civic participation and employment;
- communication and information; and
- community support and health services.

In July 2019, Cardea Heath Consulting was engaged to lead the development of the Port Moody Age-Friendly Assessment and Action Plan. Supported by the Age-Friendly Plan Steering Committee, which consisted of committee members from the City's Senior Focus Committee and Transportation Committee, Fraser Health Authority staff, and City staff, Cardea Health Consulting conducted a comprehensive needs assessment to establish the age-friendliness of Port Moody's physical environment, community infrastructure, community services, and city programs. This needs assessment was informed by desktop research, a survey, focus group sessions, and one-on-one interviews.

#### Public Engagement

An extensive engagement process was undertaken from August 2019 to November 2019. In total, the Age-Friendly Assessment and Action Plan engaged 360 respondents using the following methods:

- 210 respondents to the survey in online and paper form;
- 128 participants in ten focus group sessions; and
- 23 one-on-one interviews with seniors, caregivers, and including older adults, service providers in the City, and key City personnel.

Efforts to include non-English-speaking older adults in the engagement process led to a Farsi-speaking focus group session and an interview with a Cantonese-speaking resident.

Additional information on the built environment was collected from older adult residents during a walkability assessment. The assessment was facilitated by a gerontology researcher from Simon Fraser University and SHARE Society.

#### Report Findings

While only eight per cent of Port Moody's population is over the age of 65, 54 per cent are between the ages of 40 and 64. This will lead to a demographic shift in the near future where there are many more older adults in the community. To prepare the City for this change, 52 recommended actions were developed to ensure Port Moody has the necessary physical and social infrastructure in place for this aging cohort. These actions were established through the community engagement process and provide a wide range of recommendations across the eight WHO domains.

The recommended actions are divided into short- (up to two years), medium- (two to four years), and long-term (more than four years) timeframes. Implementation of the actions will depend on City departments and some external partners as well. City departments have already identified a number of actions that are being supported through other municipal plans.

Next steps will involve the creation of an implementation plan that will establish any capital costs related to the Age-Friendly Assessment and Action Plan. Interim reports on the status of the actions will be presented to the Seniors Focus Committee annually, which will also provide staff with the chance to reprioritize actions when funding opportunities arise.

### Other Option(s)

THAT the City of Port Moody Age-Friendly Assessment and Action Plan be amended as follows:

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### Financial Implications

The costs associated with Council endorsing the Age-Friendly Assessment and Action Plan are variable. In the short term, staff time will be needed to create an implementation plan for the recommended actions. Where possible, actions will be coordinated so they can be implemented with existing departmental work plans in order to minimize costs. External grants will also be sought to fund recommended actions where additional capital costs are required. Where necessary, additional financial resources may be requested on a project basis when actions are instigated.

### Communications and Civic Engagement Initiatives

Provide information on internal and external communication and civic engagement initiatives.

### Council Strategic Plan Objectives

The 2019-2022 Council Strategic Plan priority of Healthy City includes a focus on providing local services and access to amenities to meet the needs of all residents, ensuring community safety and emergency preparedness.

### Attachment(s)

1. Port Moody Age-Friendly Assessment and Action Plan.

### Report Author

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## Report Approval Details

Document Title:	Age-Friendly Assessment and Action Plan.docx
Attachments:	- Attachment 1 - Port Moody Age-Friendly Assessment and Action Plan.pdf
Final Approval Date:	Jul 20, 2020

This report and all of its attachments were approved and signed as outlined below:

Mary De Paoli, Manager of Policy Planning - Jul 14, 2020 - 7:05 PM

André Boel, General Manager of Planning and Development - Jul 14, 2020 - 7:57 PM

Dorothy Shermer, Corporate Officer - Jul 15, 2020 - 4:06 PM

Rosemary Lodge, Manager of Communications and Engagement - Jul 15, 2020 - 5:55 PM

Jeff Moi, General Manager of Engineering and Operations - Jul 16, 2020 - 10:51 AM

Kate Zanon, General Manager of Community Services - Jul 16, 2020 - 12:28 PM

Paul Rockwood, General Manager of Finance and Technology - Jul 17, 2020 - 9:01 AM

Tim Savoie, City Manager - Jul 20, 2020 - 1:51 PM