



# City of Port Moody

## Report/Recommendation to Council

Date: January 13, 2020  
Submitted by: Seniors Focus Committee  
Subject: 2019 Annual Report – Seniors Focus Committee

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### Purpose

To provide a report on the activities of the 2019 Seniors Focus Committee.

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### Recommended Resolutions

**THAT the report dated January 13, 2019 from the Seniors Focus Committee regarding 2019 Annual Report – Seniors Focus Committee be received for information;**

**AND THAT the 2020 Seniors Focus Committee be asked to review this report and bring forward its annual work plan in spring 2020.**

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### Committee Mandate

The purpose of the Seniors Focus Committee is to provide recommendations and advice in the following areas:

- the recommendations provided in the Age Friendly Community Planning Project report;
- short-, medium-, and long-term goals to address seniors' issues within municipal jurisdiction;
- opportunities for strengthening the City's existing recreation programs and services for seniors;
- current and future trends that may influence the delivery of recreation services and facilities for seniors;
- opportunities for corporate alliances;
- seniors' issues, strategies, and initiatives within municipal jurisdiction; and
- any other matters referred by Council.

### Meetings and Attendance

The Seniors Focus Committee met monthly between February and December 2019, with the exception of August 2019 due to summer break.

Councillor Zoë Royer was appointed as Chair and Councillor Amy Lubick as Vice-Chair for the 2019 term. The following members aged 55 years or older, representing a diverse range of knowledge and experience relevant the Seniors Focus Committee, were appointed:

- Yolanda Broderick;
- Ruth Cox;
- John Crowther;
- Ron Gordon (January-July 2019);
- Paulette Gurski;
- Malcom Harkness;
- Yvonne Harris (January-November 2019);
- Ken Kuhn (January-July 2019);
- Connie Meisner;
- Beverly Sheen (January-April 2019); and
- Tonny Scholten, Seniors Friendship Society Representative.

Liam McLellan, Social Planner, served as the primary staff liaison to the Committee.

Philip Lo and Jennifer Mills served as the Committee Coordinators.

## Key Activities and Work Plan

The 2019 Seniors Focus Committee Work Plan was approved by Council on June 25, 2019. The following are the key activities that were undertaken in 2019 by the Seniors Focus Committee:

### Trail Accessibility Study

On October 18, 2019, members of the Seniors Focus Committee, City staff, and members of the Newport Walking Club undertook a trail audit of the Shoreline Trail. Three groups of participants walked portions of the trail and provided an evaluation of the adequacy of rest stops, accessibility for walkers and those in mobility devices, uneven surfaces, pooling water or slippery sections, as well as perceptions of safety and visibility. Positive aspects of recently upgraded portions of the trail were also discussed.

### Age-Friendly Plan

With funding from UBCM, the Seniors Focus Committee initiated the development of an Age-Friendly Plan for Port Moody and established a Steering Committee to provide direction for the how the Plan would be developed. Seniors Focus Committee members who participated on the Age Friendly Steering Committee included John Crowther, Yvonne Harris, Amy Lubik, Liam McLellan, Connie Meisner, Paulette Gurski, Yolanda Broderick, community member Bev Bakka, as well as representatives from Fraser Health Authority, Tara Abraham and Richelle Foulkes. The Plan included community feedback through focus groups, one-to-one interviews, an online and paper survey, and a Stakeholders' Walkability/Wheelability Audit in Neighbourhood (SWAN) activity; the data were collected and grouped according to the Public Health Agency of Canada's Age-friendly evaluation indicators. According to participants in the community consultation, there are currently many Age-friendly features in Port Moody. Community members and service providers also identified key barriers that could be reduced

with future Age-friendly initiatives. Recommendations for improving Port Moody's age-friendliness are outlined with timelines, actions, partners, and linkages.

#### Seniors Centre Field Trip Discussion

The November 15, 2019 tour included Glen Pine Centre (Coquitlam), Guildford Recreation Centre (Surrey), South Surrey Centre (Surrey), and the White Rock All Abilities Playground. Participants included: Malcolm Harkness, John Crowther, Tonny Scholten, Zoë Royer, and Ruth Cox. Participants were asked to provide their feedback in terms of an overall assessment of the facility, which aspects of the building were most interesting, which aspect appealed to participants, what they liked least about the facility, and an listing of available programs.

#### Council and Seniors Focus Committee Joint Workshop

On April 30, 2019 a workshop was held in the Brovold Room between the Seniors Focus Committee and members of Council. Tonny Scholten provided a presentation on key aspects needed in a seniors centre in Port Moody. Ken Kuhn provided an overview of what makes an age-friendly or dementia-friendly community.

### Suggested Focus Areas for Next Year

The following focus areas are suggested for the 2020 Seniors Focus Committee Work Plan:

- engaging the Alzheimer's Society to provide dementia friendly training for front line staff; this could include Stroke BC to provide education/awareness of stroke survivors;
- reviewing accessible bus stops;
- developing an age-friendly business program, including a "blue umbrella" program, a business-supported wayfinding for those with dementia; and
- webpage of seniors resources.

### Attachment

1. 2019 Seniors Focus Committee Resolutions.

### Report Authors

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Manager of Policy Planning

## Report Approval Details

Document Title:	2019 Annual Report-Seniors Focus Committee.docx
Attachments:	Attachment 1 - 2019 Seniors Focus Committee Resolutions.docx
Final Approval Date:	Feb 4, 2020

This report and all of its attachments were approved and signed as outlined below:

Dorothy Shermer, Corporate Officer - Jan 14, 2020 - 12:47 PM

Rosemary Lodge for Angie Parnell, General Manager of Corporate Services - Jan 15, 2020 - 5:27 PM

Rosemary Lodge, Manager of Communications and Engagement - Jan 16, 2020 - 1:45 PM

Paul Rockwood, General Manager of Finance and Technology - Jan 16, 2020 - 4:25 PM

Tim Savoie, City Manager - Feb 4, 2020 - 10:15 AM