



City of Port Moody

Minutes

Seniors Focus Committee

Minutes of the meeting of the Seniors Focus Committee held on Thursday, December 5, 2019 at The Club.

Present

Councillor Zoë Royer, Chair
Ruth Cox
John Crowther
Malcolm Harkness
Tonny Scholten

Absent

Councillor Amy Lubik, Vice-Chair (Regrets)
Yolanda Broderick (Regrets)
Paulette Gurski (Regrets)
Connie Meisner (Regrets)

In Attendance

Mary De Paoli – Manager of Policy Planning
Jennifer Mills – Committee Coordinator
Gerry Nuttall – President, Seniors Friendship Society (re item 4.1)

1. Call to Order

Call to Order

1.1 The Chair called the meeting to order at 7:07pm.

2. Adoption of Minutes

Minutes

2.1 SFC19/021

Moved, seconded, and CARRIED

THAT the minutes of the Seniors Focus Committee meeting held on Thursday, November 7, 2019 be adopted.

SFC19/022

Moved, seconded, and CARRIED

THAT The Club presentation be added to the Seniors Focus Committee Agenda of December 5, 2019.

3. Unfinished Business

4. New Business

The Club – A Gathering Place for Those Over 50

4.0 Gerry Nuttall, President of The Club, gave a presentation on The Club's history, services, and activities offered to seniors in the community. The Committee members viewed a video on The Club – A Gathering Place for Those Over 50 and the following was noted:

- The Club was opened to encourage seniors to socialize and to provide a place to gather;
- the cost to participate in most activities is by donation;
- the activities offered include field trips, concerts, movie nights, barbeques, golf tournaments, cruises, Mother's Day tea, Friday night socials, Christmas dinners, and cribbage tournaments;
- the partnerships with Metro Vancouver and the City of Port Moody allow for low cost events and food services;
- the membership rate is \$15 per year and The Club currently has 260 members; and
- the goal for 2020 is to provide a daytime shuttle service to shut-in seniors living with no access to transportation.

Staff and Committee members discussed what the ideal seniors centre would encompass and the following was noted:

- a larger space to host events that could attract a larger group of participants and increase membership;
- a gathering place for all ages with separate youth and senior programming and programming where youth and seniors mentor each other;
- a theatre; and
- a mixed-use facility that is volunteer-run with staff support.

Seniors' Facilities and Centre Tour – Discussion

4.1 The Chair requested committee members' feedback on the Tour and Committee members noted the following:

- two of the facilities toured were recreation centres, not dedicated seniors facilities;
- the Surrey City Council established a low membership fee for their centre; and
- the most desirable features noted were the youth volunteer programs, bowling greens, proximity to recreation centres, open architecture, art, pottery, and woodworking facilities, volunteers with vehicles to provide transportation, and health promotion and disease prevention services on site.

The Manager of Policy Planning noted that the Committee could work with a Consultant to guide the vision for the ideal centre and once the framework for the centre was developed, it could assist developers to respond to the needs of the community.

The Manager of Policy Planning further noted that funding may be available through UBCM and New Horizons for Seniors Program to assist in developing the vision.

Mr. Nuttall left the meeting at this point and did not return.

Year-End Review

- 4.2 The Manager of Policy Planning provided an overview of the 2019 Annual Report – Seniors Focus Committee and it was noted that the Dementia Friendly Port Moody information could be included in the annual report.

SFC19/023

Moved, seconded, and CARRIED

THAT the Seniors Focus Committee recommends that Alzheimer's BC provide dementia-friendly training workshops for frontline City staff.

Action: The Manager of Policy Planning to invite Stroke Recovery Association of BC to a future Seniors Focus Committee meeting to learn of training workshops available for City staff.

Action: The Committee Coordinator to include the Annual Report in January's Seniors Focus Committee agenda.

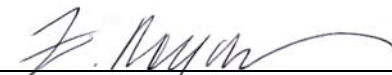
5. Information

Staff Updates

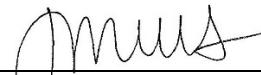
5.1

6. Adjournment

The Chair adjourned the meeting at 9:02pm.



Councillor Zoë Royer,
Chair



Jennifer Mills,
Committee Coordinator