

City of Port Moody Minutes

Seniors Focus Committee

Minutes of the meeting of the Seniors Focus Committee held on

Thursday, October 3, 2019 in the Brovold Room.

Present Councillor Zoë Royer, Chair

Councillor Amy Lubik, Vice-Chair (arrived at 7:21pm)

Yolanda Broderick Yvonne Harris Connie Meisner Tonny Scholten

Absent John Crowther (Regrets)

Ruth Cox (Regrets)

Paulette Gurski (Regrets) Malcolm Harkness (Regrets)

In Attendance Mary De Paoli – Manager of Policy Planning

Liam McLellan – Social Planner

Jennifer Mills – Committee Coordinator

Also In Attendance Kate Milne, Principal Consultant, Cardea Health Consulting

Richelle Foulkes, Community Health Specialist, Fraser Health

Call to Order

Call to Order 1.1 The Chair called the meeting to order at 7:10pm.

2. Adoption of Minutes

Minutes 2.1 <u>SFC19/019</u>

Moved, seconded, and CARRIED

THAT the minutes of the Seniors Focus Committee meeting

held on Thursday, September 5, 2019 be adopted.

3. Unfinished Business

4. New Business

Age-Friendly Plan – Focus Group

4.1 Presentation: Kate Milne, Cardea Health Consulting

Kate Milne provided an overview of the age-friendly process and gave a presentation on Age-Friendly Port Moody and noted the following:

- the process involves ensuring that input from older-adults, services providers, and caregivers is received; and
- work over the last month has included community engagement, literature reviews, researching key players, researching how older-adults are using services, and where the services are provided.

Ms. Milne and Committee members participated in a group exercise where feedback was requested on the following topics:

- outdoor spaces and buildings;
- transportation;
- housing:
- · social participation and recreation;
- respect and social inclusion;
- civic participation and employment;
- communication and information; and
- community and health services.

Seniors Centre Field Trip – Update

- 4.2 The Social Planner provided an update on the Seniors Centre Field Trip noting that the request for funding of the tour will be presented to Council on Tuesday, October 8, 2019 and that the tour will be scheduled for late-October or early-November.
- 5. Information
- 6. Adjournment

The Chair adjourned the meeting at 9:06pm.

Councillor Zoë Royer,

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Chair

Jennifer Mills,

Committee Coordinator