



City of Port Moody

Minutes

Seniors Focus Committee

Minutes of the meeting of the Seniors Focus Committee held on Thursday, September 5, 2019 in the Brovold Room.

Present

Councillor Amy Lubik, Vice-Chair
Yolanda Broderick
Ruth Cox
Paulette Gurski
Malcolm Harkness
Connie Meisner
Tonny Scholten

Absent

Councillor Zoë Royer, Chair (Regrets)
John Crowther (Regrets)
Yvonne Harris (Regrets)

In Attendance

Liam McLellan – Social Planner
Jennifer Mills – Committee Coordinator

Also In Attendance

Tara Abraham, Environmental Health Officer/Healthy Built Environment Team, Fraser Health

1. Call to Order

Call to Order

1.1 The Vice-Chair called the meeting to order at 7:00pm.

2. Adoption of Minutes

Minutes

2.1 SFC19/016
Moved, seconded, and CARRIED
THAT the minutes of the Seniors Focus Committee meeting held on Thursday, July 4, 2019 be adopted.

3. Unfinished Business

4. New Business

Healthy Built Environment

4.1 Presentation: Tara Abraham, Environmental Health Officer/Healthy Built Environment Team, Fraser Health

Tara Abraham gave a presentation on Healthy Built Environments and provided an overview of the growing research showing a direct link between how environments are built and a reduction in chronic diseases. Ms. Abraham noted that building spaces that increase activity results in positive health outcomes.

Committee members noted that seniors are not being considered in community planning as new developments do not include seniors' amenities. Ms. Abraham noted that Fraser Health can be invited to review planning documents and provide research data to support a healthy and active community.

SFC19/017

Moved, seconded, and CARRIED

THAT Fraser Health be invited to review development applications and take part in the Official Community Plan process to ensure a healthy built environment is created.

Ms. Abraham left the meeting at this point and did not return.

Trail Study

4.2 The Social Planner provided an update on the Trail Accessibility Study and noted that the Manager of Parks will be attending the October meeting to provide more information on the trails in Port Moody.

The Social Planner requested the Committee member's feedback on their top priorities for the trails and the following was noted:

- signage for all ages, abilities, and languages;
- trail safety;
- more/better rest areas;
- information on elevation, degree of difficulty, and distance;
- washrooms;
- accessibility; and
- printed trail guides.

Age-Friendly Plan – Update

4.3 The Social Planner provided update on the Age-Friendly Plan and noted the following:

- the Steering Committee convened in August to design the survey and the final version will be shared in the coming weeks;

- the next Steering Committee meeting will take place in late-September/early-October to assemble volunteers for the survey launch on September 16, 2019;
- the Planning Department has allotted time to attend events with Fraser Health, SHARE Family and Community Services, and Tri-Cities Seniors Planning Network to promote the survey;
- the survey is scheduled to be advertised in the Fall issue of the Port Moody Focus; and
- the loco Ghost Town Day Festival will have a pop-up tent to inform visitors about the study and offer an area to complete the survey.

The Social Planner requested input on additional locations and venues for survey distribution and Committee members noted the following ideas:

- Thanksgiving dinner at Kyle Centre;
- Rock and Gem Show and Sale;
- Walking Soccer Club;
- The Club;
- The Legion;
- seniors housing buildings;
- Port Moody Museum;
- Port Moody Library; and
- Port Moody Foundation neighbourhood Facebook pages.

**Parks and Recreation
Commission
Representative**

- 4.4 The Committee Coordinator noted that the current Seniors Focus Committee representative on the Parks and Recreation Commission has resigned and any members interested are welcome to volunteer for the role.

SFC19/018

Moved, seconded, and CARRIED

THAT Ruth Cox be appointed as the Seniors Focus Committee representative on the Parks and Recreation Commission.

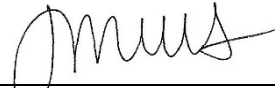
5. Information

6. Adjournment

The Vice-Chair adjourned the meeting at 8:59pm.



Councillor Amy Lubik,
Vice-Chair



Jennifer Mills,
Committee Coordinator