



City of Port Moody

Minutes

Seniors Focus Committee

Brovold Room
Thursday, March 5, 2026
at 7:00 pm

Present: Councillor Diana Dilworth, Chair
Ruth Armstrong
Jacquie Boyer
Gwynne Cafik
Jennifer Gibson
John Grasty
Jayashree Ramaswami
Maneli Soleimani
Faith St. John
Carola Thompson
Becky White

Absent: John Crowther

In Attendance: Angela Blackall – Recreation Coordinator
Deanna Forbes-Procyk – Recreation Coordinator
Adam Shroff – Legislative Services Coordinator

Also in Attendance: Sabrina Manhas, Alzheimer Society B.C.

1. Call to Order

The Chair called the meeting to order at 7:00pm.

The Chair led the group in introducing themselves.

2. Territorial Land Acknowledgement

The Chair provided the territorial land acknowledgement.

3. Adoption of the Agenda

3.1 Agenda

SFC26/007

THAT the agenda of the March 5, 2026, Seniors Focus Committee meeting be adopted as circulated.

Moved, seconded, and CARRIED

4. Adoption of Minutes

4.1 Minutes

SFC26/008

THAT the minutes of the Seniors Focus Committee meeting held on February 5, 2026, be amended to reflect the following additions:

- *"The importance of re-branding the Strawberry Tea to something more inclusive such as Chai and Snacks"*
- *"The desire to Re-Visit the Conversation about Seniors' Centre"*

AND THAT the minutes be adopted as amended.

Moved, seconded, and CARRIED

5. Unfinished Business

6. New Business

6.1 TEDx Event: Intergenerational Storytelling

Presentation: Om Kapadia

Om Kapadia gave a presentation titled "TedX" and referred to slides contained within the on-table package.

Committee discussion ensued regarding:

- event lead-up timelines;
- the use of Inlet Theatre;
- event marketing;
- an open call for speakers;
- the suggestion to present at the Seniors Friendship Society;
- the Creators of Port Moody event;
- the Port Moody Heritage Society oral history program;
- the potential for collaboration with the library;
- a tie-in with Seniors Week; and
- the desire to include indigenous speakers in the presentations.

6.2 Dementia Friendly Communities ASBC workshop

Presentation: Alzheimer Society BC

Link: [First Link Dementia Helpline](#)

Link: flippingstigma.com

Alzheimer Society B.C. gave a presentation titled "Dementia-Friendly Communities" and referred to slides contained within the on-table package.

Committee discussion ensued regarding the following topics:

- perceptions of dementia inclusivity;
- consideration of the undiagnosed portion of those living with dementia;
- hearing loss in correlation to dementia;
- the lack of dementia programs in the tri-cities;
- the challenges and need for advocacy;
- the ability for volunteers to reach out to the society to get involved;
- funding challenges for dementia programs;
- local initiatives similar to Silver Alert for dementia awareness;
- public art markers for wayfinding purposes;
- methods to enable the business community to support people affected by dementia;
- programs in BC including the society's work with businesses to provide education;
- municipal facility considerations regarding features that can affect people affected by dementia; and
- the City's role in defining dementia friendliness.

6.3 2026 Event Budget Review

Memo: Recreation Coordinator

The Recreation Coordinator gave an overview of the plans for the Seniors Try It, Seniors Week, and the Intergenerational TEDx event and noted:

SFC26/009

THAT the Seniors Focus Committee recommend:

THAT Council allocate up to \$6,000 from the Committee Contingency fund to support Seniors Week, Seniors Try It, and the Intergenerational "TEDx" event as outlined in the memo dated February 23, 2026, regarding Seniors Try It Week, Seniors Week and TEDx. – Funding Request.

Moved, seconded, and CARRIED

7. Information

7.1 Staff Updates

Workplan: Attached for information

The Recreation coordinator provided an update regarding upcoming planned topics and events laid out in the workplan.

7.2 Chair Updates

7.3 Seniors Friendship Society Updates

The Seniors Friendship Society representative gave an update regarding upcoming events at the Society.

7.4 Roundtable Discussion

Committee discussion ensued regarding upcoming events in the community.

8. Adjournment

The Chair adjourned the meeting at 9:00pm.



Councillor D. Dilworth, Chair



A. Shroff, Legislative Services
Coordinator