



# City of Port Moody

## Minutes

### Seniors Focus Committee

**Brovold Room**  
**November 6, 2025**  
**at 7:02pm**

In Attendance: Councillor C. Morrison, Chair  
John Crowther (arrived at 7:05pm)  
Jayashree Ramaswami  
Ruth Armstrong  
Jacquie Boyer  
Gwynne Cafik  
Carola Thompson  
Becky White (arrived at 7:04pm)

Absent: Councillor K. Knowles, Vice-Chair  
Leo Beauregard

Staff in Attendance: Angela Blackall – Recreation Coordinator  
Riley Dowling – Legislative Services Coordinator  
Deanna Forbes-Procyk – Assistant Recreation Instructor

#### 1. Call to Order

The Chair called the meeting to order at 7:02pm.

#### 2. Territorial Land Acknowledgement

The Chair provided the territorial land acknowledgement.

#### 3. Adoption of the Agenda

##### 3.1 Agenda

Becky White arrived to the meeting at this point.

SFC25/019

*THAT the agenda of the November 6, 2025, Seniors Focus Committee meeting be adopted as circulated.*

Moved, seconded, and CARRIED

#### 4. Adoption of Minutes

##### 4.1 Minutes

John Crowther arrived to the meeting at this point.

SFC25/020

THAT the minutes of the Seniors Focus Committee meeting held on October 2, 2025, be adopted.

Moved, seconded, and CARRIED

**5. Unfinished Business**

**6. New Business**

**6.1 Annual Report - 2025 Wrap Up**

Staff referred to the 2025 Seniors Focus Committee Annual Report and reviewed items that were completed in 2025.

In response to questions, the Committee was informed that:

- activities related to the "activating parks" item, including Gaga Ball;
- mixed-generation programs and activities, such as art or cooking, being considered for 2026;
- volunteering opportunities found on the City website and that the webpage was temporarily disabled, but will be back online by November 14, 2025;
- the Holiday Train and other upcoming volunteer activities reaching maximum volunteer capacity;
- the City recently lowering the volunteer age to 13 years old, if consent of a parent/guardian is obtained; and
- the draft *Port Moody 2050 Official Community Plan* projecting approximately 74,000 residents by 2050.

Committee discussion ensued regarding the following topics:

- developments in Port Moody that are nearing completion and providing opportunity for seniors to move into;
- if a position such as an Older Person's Strategic Lead could be shared between different cities such as Coquitlam and Port Coquitlam;
- for the 2026 work plan, items that the 2026 Seniors Focus Committee could discuss are:
  - inviting speakers such as Dan Levitt and another professional to speak to the community;
  - bringing more cultural diversity to the Committee and events;
  - assessing accessibility in moving from transit stops to recreation centres and trail networks;
  - touring municipal facilities outside Port Moody to see their programming;
  - additional intergenerational programming;

- engaging with housing projects that create seniors housing;
- potential crossovers between civic facility plans such as the Kyle Centre Redevelopment project and the newly proposed library branches;
  - the Chair noted these two projects are in significantly different stages of execution; and
- appreciation for having the final meeting of 2025 held in a hybrid manner, after all other 2025 Seniors Focus Committee meetings were held online.

SFC25/021

*THAT the Seniors Focus Committee recommend to Council:*

*THAT Council consider holding all advisory committee meetings in a hybrid format with both in-person and online options for participants.*

Moved, seconded, and CARRIED

SFC25/022

*THAT the 2025 Seniors Focus Committee Annual Report be amended to include the following topics in the "Suggested for Next Year" section:*

- *consider inviting speakers such as Dan Levitt and another professional to speak to the community;*
- *increasing cultural diversity to the Committee and events;*
- *assessing accessibility for trail networks and from transit to recreation centres;*
- *touring facilities outside Port Moody to see their programming;*
- *additional intergenerational programming; and*
- *where possible, engaging with housing projects that create seniors housing;*

*AND THAT the 2025 Seniors Focus Committee Annual Report be endorsed, as amended.*

Moved, seconded, and CARRIED

## **7. Information**

### **7.1 Staff Updates**

Staff provided the following updates:

- winter program registration opens on November 25, 2025 for residents; November 27 for non-residents;
- the sold out Christmas Luncheon is on December 4, 2025; and
- a Sip and Stretch event is on November 21, 2025, at Kyle Centre.

The Chair provided the following updates:

- thanked the Committee for the work done in 2025;
- noted that Leo Beauregard has been appointed as the Seniors Friendship Society Representative; and
- noted consultation regarding the budget is underway and encouraged members to participate.

**8. Adjournment**

The Chair adjourned the meeting at 8:28pm.



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Councillor C. Morrison, Chair



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R. Dowling, Legislative Services  
Coordinator