



City of Port Moody

Report/Recommendation to Council

Date: January 14, 2025
Submitted by: Seniors Focus Committee
Subject: 2024 Annual Report – Seniors Focus Committee

Purpose

To provide a report on the activities of the 2024 Seniors Focus Committee.

Recommended Resolution

THAT the report dated January 14, 2025, from the Seniors Focus Committee regarding 2024 Annual Report – Seniors Focus Committee be received for information;

AND THAT the 2025 Seniors Focus Committee be asked to review this report and bring forward its annual Work Plan in Spring 2025.

Committee Mandate

The purpose of the Seniors Focus Committee is to provide recommendations and advice on seniors' issues, strategies, and initiatives in the following areas:

- recommendations provided in the Age Friendly Community Planning Project report;
- short, medium and long term goals to address seniors' issues within municipal jurisdiction;
- opportunities for strengthening the City's existing recreation programs and services for seniors;
- current and future trends that may influence the delivery of services for seniors;
- opportunities for corporate alliances;
- seniors' issues, strategies and initiatives within municipal jurisdiction; and
- other areas identified by the committee with approval from the Council.

Meeting and Attendance

The Seniors Focus Committee met monthly between January 2024 and December 2024, with the exceptions of May, June, and September, due to a lack of quorum, and August and December, due to summer and winter break. Beginning in September, the City offered committees the opportunity to conduct meetings in-person/hybrid or electronically, contingent on satisfying an in-person physical quorum. Between September and November zero (0) meetings were held in-person/hybrid and two (2) meetings were held electronically.

Councillor Haven Lurbiecki was appointed as Chair and Councillor Diana Dilworth as Vice-Chair for the 2024 term. The following members, representing a diverse range of knowledge and experience relevant to the Seniors Focus Committee were appointed:

- John Crowther
- Irene Fraser (until March 2024)
- Mithila Karnik
- Holly Lee
- Amanda Maxwell
- Glen MacRae (as of June 2024)
- Grace McKeown (until March 2024)
- Jim Millar
- Barbara Nuttall
- Shreya Qazi
- Jayashree Ramaswami
- Farid Zoldjalali
- Linda Zumm (as of June 2024)

Angela Blackall, Recreation Coordinator, served as the primary staff liaison to the Committee. Arsh Dhillon and Adam Shroff served as the Legislative Services Coordinators.

Key Activities and Work Plan

The 2024 Seniors Focus Committee Work Plan was approved by Council on February 27, 2024. The following are the key activities that were undertaken in 2024 by the Seniors Focus Committee.

Older Adult Engagement Opportunities

Launched the Volunteer Activity Host online application to attract adults looking to share skills and knowledge in their community in a formal and ongoing process. New programs include chess and game nights as low-cost engagement options. [Volunteering - City of Port Moody](#)

Connecting with Seniors – Marketing and communication

The Committee received a presentation from the Recreation Planning team.

Social Special Events

[Seniors Try It Week](#) – Free week of activities for Seniors, including social and physical activities. Community Partners included PMFR, PMPD, Men’s Shed, and PoMoArts. Participants used Participation Passport at each activity; passport stamps translated to prizes at Wrap-up Party with a live band and lunch. Discussion and planning took place over four meetings in spring until the June event.

Accessibility Plan

The Committee received an overview of the Accessibility Committee – Phase 1 from staff.

Walkability – Look at Connections to Enhance Pedestrian and Cycling Connections Between and Within Neighbourhoods and Near Programs and Services and Waterfront

This item was not addressed in 2024 due to Shoreline Trail construction and closure. Staff recommend that this item be considered in the 2025 Work Plan.

Dementia Presentation (Paranoia) for Caregivers and Individuals Struggling with Illness

This item was not addressed in 2024. Staff recommend that this item be considered in the 2025 Work Plan.

Environment Team Presentation on Project and Volunteer Opportunities

The Committee received a presentation from the Environment Team regarding project and volunteer opportunities.

Fire Safety for Seniors: Develop a Senior/Accessibility Specific Emergency Preparedness Strategy for Disaster Response Planning

This item was not addressed in 2024 as the presenters were unavailable.

Recreation Facilities Study: Get your Perspectives on Recreation Needs and Priorities in the Community

The Committee received a presentation from staff and the consultant to further understanding of older adult recreation preferences, needs, and changes.

Rocky Point Park and Old Orchard Park Master Plans

The Committee received a presentation on the draft Master Plans from the Project Manager, Parks Planning.

Suggested Focus Areas for Next Year

Subject to Council's direction, the following focus areas should be included in the Committee's Work Plan for 2025:

- Walkability – Look at Connections to Enhance Pedestrian and Cycling Connections Between and Within Neighbourhoods and Near Programs and Services and Waterfront
- Dementia Presentation (Paranoia) for Caregivers and Individuals Struggling with Illness
- Seniors Health Strategy in partnership with Fraser Health
- Seniors Try It Week
- Revitalization of existing spaces and accessibility

Council Strategic Plan Goals

The recommendations in this report align with the following Council Strategic Plan Goal(s):

- Strategic Goal 1.1 – Prioritize core services;
- Strategic Goal 1.3 – Lead with good governance;
- Strategic Goal 2.1 – Protect, integrate and enhance our natural assets; and
- Strategic Goal 3.3 – Enhance community wellbeing.

Report Authors

Arsh Dhillon

Legislative Services Coordinator

Adam Shroff

Legislative Services Coordinator

Angela Blackall

Recreation Coordinator

Nathan Taylor

Recreation Manager

Report Approval Details

Document Title:	2024 Annual Report – Seniors Focus Committee.docx
Attachments:	
Final Approval Date:	Jan 3, 2025

This report and all of its attachments were approved and signed as outlined below:

Adam Shroff, Legislative Services Coordinator, for Tracey Takahashi, Deputy Corporate Officer
- Dec 19, 2024

Stephanie Lam, City Clerk and Manager of Legislative Services - Dec 19, 2024

Angie Parnell, General Manager of Corporate Services - Dec 30, 2024

Lindsay Todd, Manager of Communications and Engagement - Jan 2, 2025

Paul Rockwood, General Manager of Finance and Technology - Jan 2, 2025

Jeff Moi, General Manager of Engineering and Operations, for Anna Mathewson, City Manager -
Jan 3, 2025