



City of Port Moody

Minutes

Seniors Focus Committee

October 3, 2024
7:00 pm
Electronic Webinar via Zoom

Present: Councillor H. Lurbiecki, Chair
John Crowther
Holly Lee
Amanda Maxwell
Glen MacRae
Jim Millar
Barbara Nuttall
Shreya Qazi

Absent: Councillor D. Dilworth, Vice-Chair
Mithila Karnik
Linda Zumm (Regrets)
Farid Zoldjalali

In Attendance: Angela Blackall – Recreation Coordinator
Adam Shroff – Legislative Services Coordinator
Stephen Slawuta, Partner – RC Strategies

1. Call to Order

The Chair called the meeting to order at 7:00pm.

2. Territorial Land Acknowledgement

The Chair provided the territorial land Acknowledgement.

3. Adoption of the Agenda

3.1 Agenda

SFC24/011

THAT the agenda of the October 3, 2024 Seniors Focus Committee meeting be adopted as circulated.

Moved, seconded, and CARRIED

4. Adoption of Minutes

4.1 Minutes

SFC24/012

THAT the minutes of the Seniors Focus Committee meeting held on July 4, 2024, be adopted.

Moved, seconded, and CARRIED

5. Unfinished Business

6. New Business

6.1 Workshop - RCS Strategies

Workshop - Stephen Slawuta

Stephen Slawuta gave a presentation entitled "Recreation Facilities Study" and referred to slides contained within the on-table package.

Members of the group shared their various favourite recreation activities.

6.2 Round Table

Committee discussion ensued regarding the following topics:

"Are there enough recreational opportunities for seniors in Port Moody?"

- insufficiency of seniors recreation opportunities;
- desire for a Seniors' Centre;
- the need for unprogrammed comfortable public spaces for general use;
- the need to improve aesthetics and feel of public spaces;
- the lack of information circulation with the loss of the local newspaper;
- accessibility and transportation challenges to program participation;
- the importance of building community into activities;
- combined social and recreation excursions; and
- the age criteria for the definition of "senior".

"What's changed for recreation in the community over the past 5-10 years?"

(e.g. new or different activity demands, trends, etc.).

- the need for varying levels of physical activity in activities;
- opportunities for volunteerism;
- the effects of the pandemic on trends and needs;
- programs to encourage seniors to remain active and healthy; and

- the need for shade and cooling centres.

"What recreation activity gaps exist?"

- outdoor gathering areas;
- the need for public realm;
- shelter options for year-round use;
- facilities that can be used by multiple age groups; and
- the opportunity to learn from examples from other similar communities.

"What recreation facility and space gaps exist?"

- the previous work performed on Seniors' needs; and
- strong desire for a seniors centre.

"What recreation facility projects should the City prioritize?"

- the need for physical spaces;
- the opportunity to work with developers to include a seniors or recreation space in development;
- the opportunity to lease and use existing space;
- improved experiences and inviting spaces; and
- a heated swimming pool.

"What seniors' facilities in other communities reflect "best practices" that we can learn from?"

- Maillardville Community Centre in Coquitlam;
- integrated spaces being dedicated to different demographics throughout the day; and
- Saint Albert, Alberta.

"How can recreation facility investment get more seniors, more active?"

- centralization and accessibility of facilities; and
- warming sheds.

Final Thoughts:

- the complexity of determining what seniors want, even for themselves;
- the importance of multi-function spaces;
- consideration of concept of multi-generational spaces that are shared through dedicated timeslots or family involvement;

- challenges in trying to get subject matter experts for activities and volunteers to assist programs;
- the importance of providing social spaces;
- the importance of healthy, active seniors;
- the benefits of multi-generational social activities;
- the need for support from the City to assist volunteers to easily form extra-curricular activity groups;
- the need to include diverse voices in the conversation;
- cost-free inviting spaces; and
- timelines.

Link: [Engage Port Moody Recreation Facilities Study](#)

7. Information

7.1 Staff Updates

8. Adjournment

The Chair adjourned the meeting at 8:58pm.

A. Lubik, Vice-Chair

A. Shroff, Legislative Services
Coordinator