



# City of Port Moody

## Minutes

### Seniors Focus Committee

Minutes of the meeting of the Seniors Focus Committee held on Thursday, July 7, 2022 via Zoom.

#### **Present**

Councillor Amy Lubik – Vice-Chair  
Yolanda Broderick  
John Crowther  
Malcolm Harkness (arrived at 7:33pm)  
Wilhelmina Martin  
Grace McKeown

#### **Absent**

Councillor Diana Dilworth – Chair  
Leanne Lange (Regrets)  
Constance Meisner (Regrets)

#### **In Attendance**

Angela Blackall – Recreation Coordinator  
Jess Daniels – Policy Planner  
Esin Gozukara – Committee Coordinator

#### **Also In Attendance**

Glen Stokes, Partner, Carscadden Stokes McDonald Architects  
Megan Turnock, Principal, Lees + Associates

#### **1. Call to Order**

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#### **Call to Order**

1.1 The Vice-Chair called the meeting to order at 7:05pm.

#### **2. Adoption of Minutes**

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#### **Minutes**

##### **2.1 SFC22/009**

Moved, seconded, and CARRIED

**THAT the minutes of the Seniors Focus Committee meeting held on Thursday, June 9, 2022 be adopted.**

#### **3. Unfinished Business**

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#### 4. New Business

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##### **Port Moody – Age-Friendly Recreation Centre Study**

##### 4.1 Presentation: Glen Stokes, Carscadden Stokes McDonald Architects and Megan Turnock, Lees + Associates

To be distributed on-table.

Glen Stokes, Partner, Carscadden Stokes McDonald Architects, and Megan Turnock, Principal, Lees + Associates, gave a presentation on Port Moody – Age-Friendly Recreation Centre Study, and noted the following:

- online survey results and interviews for the study indicate relatively less support for seniors-only spaces;
- majority of the survey respondents were over 50 years old, and only 30% of them participate in programs for 50-years and older;
- health and well-being, fitness, accessibility improvements, and hiking programs, as well as casual and social activities, are in demand based on the online survey responses;
- based on the public engagement portion of this study, there is a significant demand for fitness rooms and social spaces for seniors;
- a potential age-friendly centre could include childcare, community garden, walking loop, and patio spaces as well to accommodate different programming;
- a future standalone facility could include a gymnasium, art and maker space, age-friendly and activity multi-purpose rooms, fitness space, kitchen, lounge/café/living room, and lobby;
- this standalone facility, including these spaces, would be two times bigger than Kyle Centre;
- rooms in this standalone facility could be designed in a flexible way to accommodate different sizes of groups;
- pools or any aquatic facilities were excluded from this initial exploration;
- age-friendly additions could be made to the existing Recreation Complex instead of building a standalone facility;
- these additions could include a gymnasium, art and maker space, age friendly and medium size multi-purpose rooms, and lounge/café/living room; and
- two different options are identified if an addition was to be built in the Recreation Complex.

The Committee noted the following:

- building a brand-new seniors-only facility may not be an option due to costs, and making age-friendly additions to

- the Recreation Complex may be more realistic;
- some seniors in the community perceive that they are being pushed out from facilities, and they ask for more time and space in the weekend and evenings;
- seniors may feel more comfortable with age-based programming due to their mobility and physical needs;
- some seniors that are 50 years and older are still working and looking for activities to participate in after work;
- considering the growing demographic of seniors, an intergenerational facility may not be preferable;
- younger seniors may not prefer the same activities as seniors that are 70 years old and older, and programming could be adjusted to accommodate these preferences;
- designing flexible spaces to allow for different activities in an age-friendly building is very important;
- intergenerational spaces would be used more frequently and by different user groups;
- reviewing detailed information from the survey would be useful and obtaining feedback from a larger group of seniors may be necessary;
- it is important to anticipate future needs of seniors' and plan the programs accordingly; and
- in light of the survey results, further consultation with seniors' community groups regarding types of activities and spaces needed may be required.

Mr. Stokes and Ms. Turnock noted the following in response to questions from the Committee:

- initial stages of the study focused on public engagement and identification of options, and next phases could include detailed cost analysis and recommendations;
- the existing Recreation Complex is well designed, and age-friendly additions could be made to meet the needs of the seniors in the community;
- 178 responses to the online survey were received, and detailed information about the results and respondent demographic could be provided to the Committee;
- seniors' community groups could be contacted for further discussion of the study; and
- the study is close the completion, and detailed information about the survey data will be included in the report.

## Official Community Plan Update

### 4.2 Presentation: Jess Daniels, Policy Planner

To be distributed on-table.

The Policy Planner gave a presentation on Official Community Plan Update, and noted the following:

- two community surveys have been completed, the third one is available on *Engage Port Moody* until July 11, 2022, and hard copies of the survey have been mailed to every household in Port Moody;
- the first community survey, conducted in early 2021, presented the 2014 Official Community Plan (OCP) vision statements and asked whether they should be kept as is, changed, or removed;
- the second community survey, conducted in May/June 2021, asked questions about key topics identified by Council and the community in the initial phases of public engagement;
- results of the first two surveys and Council direction contributed to the development of the land use scenarios in the third survey; and
- feedback from the Committee, Council direction, and the City's strategic plans and bylaws, as well as Port Moody's Age-Friendly Plan, will inform the seniors' related updates to the OCP.

The Committee noted the following:

- future development projects could be subject to a closer scrutiny;
- careful planning for the increasing population of Port Moody is important; and
- a comparison between how much a development costs to the community versus the developers should be made.

In response to a question from the Committee, the Policy Planner noted that other surveys conducted for different projects for the City do not typically inform the OCP update process.

## 5. Information

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### Staff Updates

5.1 There were no staff updates at this time.

6. Adjournment

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The Vice-Chair adjourned the meeting at 8:36pm.



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Councillor Amy Lubik,  
Vice-Chair



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Esin Gozukara,  
Committee Coordinator