



# City of Port Moody

## Report/Recommendation to Council

Date: November 2, 2021  
Submitted by: Seniors Focus Committee  
Subject: 2021 Annual Report – Seniors Focus Committee

---

### Purpose

To provide a report on the activities of the 2021 Seniors Focus Committee.

---

### Recommended Resolutions

**THAT the report dated November 2, 2021 from the Seniors Focus Committee regarding 2021 Annual Report – Seniors Focus Committee be received for information;**

**AND THAT the 2022 Seniors Focus Committee be asked to review this report and bring forward its annual Work Plan in spring 2022.**

---

### Committee Mandate

The purpose of the Seniors Focus Committee is to provide recommendations and advice in the following areas:

- the recommendations provided in the Age Friendly Community Planning Project report;
- short-, medium-, and long-term goals to address seniors' issues within municipal jurisdiction;
- opportunities for strengthening the City's existing recreation programs and services for seniors;
- current and future trends that may influence the delivery of recreation services and facilities for seniors;
- opportunities for corporate alliances;
- seniors' issues, strategies, and initiatives within municipal jurisdiction; and
- any other matters referred by Council.

### Meetings and Attendance

The Seniors Focus Committee met monthly between January and November 2021, with the exception of August, due to summer break.

Councillor Diana Dilworth was appointed as Chair and Councillor Amy Lubik as Vice-Chair for the 2021 term. The following members aged 55 years or older, representing a diverse range of knowledge and experience relevant to the Seniors Focus Committee, were appointed:

- Wayne Borthwick;
- Yolanda Broderick;
- John Crowther;
- Malcolm Harkness;
- Katharine Lemond (January to April 2021);
- Wilhelmina Martin;
- Grace McKeown; and
- Constance Meisner (from September 2021).

Liam McLellan, Social Planner, served as the primary staff liaison to the Committee. Philip Lo, Jennifer Mills, and Esin Gozukara served as the Committee Coordinators.

## Key Activities and Work Plan

The 2021 Seniors Focus Committee (SFC) Work Plan was approved by Council on March 9, 2021. The following are the key activities that were undertaken in 2021 by the SFC (a list of resolutions made in 2021, along with the status of the resolutions, is included in **Attachment 1**):

### Seniors Resources Web Page

The Committee discussed potential creation of a Seniors webpage as part of the City of Port Moody website. The Committee feels that seniors programming information is currently difficult to find on the website, and that a single page containing all relevant information would be more useful for Port Moody seniors.

### Seniors Recreation Programming

At the March 25, 2021 SFC meeting, the Manager of Recreation and the Recreation Coordinator gave a presentation on current and upcoming seniors programming. The SFC provided feedback to staff on seniors programming.

### Tri-Cities Seniors Planning Network

A member of the Tri-Cities Seniors' Action Society presented on the organization's history and past activities, including such events as a Transportation Forum, a Housing Forum, a BC Political Forum, Multicultural Seniors' Day at Henderson Place, an Age-Friendly Tri-Cities Forum, and Christmas concerts and memory sharing. The Seniors Focus Committee will continue to work with the Tri-Cities Seniors' Action Society on future events.

### Dementia Café

Massi Bakhshian from the Adult Cognitive Wellness Centre gave a presentation on the Anmore Dementia Café program, a safe space where those living with dementia and their caregivers can socialize. The Committee noted the City of Port Moody could consider partnering with external groups to facilitate dementia-friendly programs.

### Seniors Centre Community Assessment and Space Needs Analysis

At the May 27, 2021 meeting, the Recreation Coordinator gave a presentation on the Senior Centre feasibility study. The purpose of the study is to determine the space needs and related costs associated with the development of a seniors' recreation centre. The Committee noted that it had already completed background work on this subject and expressed hope that it would provide useful information.

At the October 7, 2021 meeting, the consultant team of Carscadden Architecture and LEES and Associates ran a stakeholder workshop with the Senior Focus Committee to gather information on the Committee's priorities for the seniors' centre, and to expand the list of community stakeholders that should be consulted. Stakeholder meetings were scheduled with City staff on November 8, 2021, and with community stakeholders on November 17, 2021. The Seniors Centre Needs Assessment will continue into 2022.

### Seniors Programs at the Port Moody Public Library

The Port Moody Public Library gave a presentation on library services and seniors programming, with a focus on efforts undertaken to improve seniors' ability to use technology in light of COVID-19 pandemic restrictions. The Committee suggested that the Library may be able to assist with teaching seniors how to use iPads acquired by the Seniors Friendship Club through the New Horizons Grant.

### Age-Friendly Plan: Engineering-Transportation Actions Discussion

The Transportation Engineer gave a presentation on Age-Friendly Initiatives, including information about strategic alignment, accessible crosswalks, pedestrian priority streets, audible pedestrian signals, walk times at intersections, bus stop accessibility, Snow Stars, and next steps. The Committee expressed interest in participating in the Master Transportation Plan update.

### City of Port Moody – Age-Friendly BC Designation

In 2021, the City applied to the Province of British Columbia to be recognized as an Age-Friendly community. Results of the application will be released in 2022.

### Presentation from Crossroads Hospice

Janice Boyle from Crossroads Hospice gave a presentation on the hospice services offered by her organization. Crossroads Hospice offers a variety of programs for people at the end of their lives, as well as programs to support people who have lost their loved ones.

## **Outstanding Matters**

There are no outstanding matters.

## **Suggested Focus Areas for Next Year**

Subject to Council direction, the following focus areas should be included in the Committee's Work Plan for 2022:

- Seniors Centre Needs Assessment;
- Seniors' housing opportunities;
- Dedicated City webpage for seniors;

- Tri-Cities Homelessness and Housing Task Group;
- Housing Action Plan;
- Official Community Plan;
- Extreme Weather Plan and how it relates to the seniors population; and
- Continue to assist with the implementation of the Age-Friendly Plan.

## Attachment

1. 2021 Seniors Focus Committee Resolutions.

## Report Authors

Esin Gozukara

Committee Coordinator

Liam McLellan

Social Planner

## Report Approval Details

Document Title:	2021 Annual Report – Seniors Focus Committee.docx
Attachments:	- Attachment 1 – 2021 Seniors Focus Committee Resolutions.pdf
Final Approval Date:	Dec 23, 2021

This report and all of its attachments were approved and signed as outlined below:

Tracey Takahashi, Deputy Corporate Officer - Dec 9, 2021 - 10:31 AM

Dorothy Shermer, Corporate Officer - Dec 9, 2021 - 4:37 PM

Rosemary Lodge, Manager of Communications and Engagement - Dec 10, 2021 - 9:20 AM

Paul Rockwood, General Manager of Finance and Technology - Dec 10, 2021 - 9:35 AM

Tim Savoie, City Manager - Dec 23, 2021 - 7:30 AM